



2020/21 TRIATHLON PROGRAM

INTRODUCTION

The Western Sydney Academy of Sport (WSAS) is accepting nominations from athletes interested in nominating for a position with the Academy's 2020/21 Triathlon Program.

The Academy's Triathlon Program provides development opportunities for talented young athletes in the western Sydney region. In partnership with Triathlon NSW, the program provides opportunities for athletes in the areas of technical skill, education and personal development, preparing athletes for the next level of elite sport representation.

BENEFITS

The following benefits will apply to athletes selected:

- Access to quality training facilities;
- High quality coaching endorsed by Triathlon NSW in an individual and squad environment;
- Opportunities to represent the Academy at various events;
- Insight into what it takes to become a professional athlete;
- Identification and training methods to correct technique;
- Opportunities to attend educational seminars conducted by industry professionals about nutrition, social media, sports psychology, etc.;
- Access to WSAS Team App communication system;
- A 15% discount on practitioner services provided by Sydney West Sports Medicine;

- Academy athlete uniform apparel;
- Free membership at Fit 4 All gym located in Penrith.

ELIGIBILITY

To be eligible to apply to trial for a position in the 2020/21 Triathlon squad, athletes must be:

- Born between 2004 - 2008;
- Committed to progressing to higher representation within the sport of triathlon;
- A current financial member of Triathlon Australia;
- Currently residing in the Local Government Area (LGA) of Blacktown, Blue Mountains, Cumberland, Fairfield, Hawkesbury, City of Parramatta, Penrith or The Hills.

COST

An athlete levy of \$400 is applicable to athletes, which assists in meeting the costs of the program. Additional contribution costs may be applicable for squad tours.

HOW TO APPLY

Applications will open on 1 August 2020 and will close on 23 August 2020. To apply you can head to the Academy's website after the nomination opening date: <http://www.wsas.com.au/nominations/triathlon-nominations/>.

