WESTERN SYDNEY
ACADEMY OF SPORT

2021 DIGITAL REALTY NETBALL UMPIRING PROGRAM

DIGITAL REALTY

netball
NEW SOUTH WALES

Western Sydney Academy of Sport

The Western Sydney Academy of Sport is an independent non-profit organisation, incorporated in June 2004. The Academy's Board of Directors features prominent business, sporting, and community representatives.

The role of the Academy is to provide quality development opportunities for talented young athletes living within the Academy's official geographic catchment including the following LGAs:

- Blacktown
- Blue Mountains
- Cumberland
- Fairfield
- Hawkesbury
- The Hills
- Parramatta
- Penrith

The Academy's programs focus on high standards of individual performance, achievement, and excellence. The Academy works in collaboration with the recognised State Sporting Organisations, the NSW Institute of Sport, and all levels of sports administration to ensure its programs provide relevant and valuable opportunities within an integrated pathway for our athletes. The Academy's development programs have established benchmarks in standards and value in the officially recognised development pathway for talented athletes.

Since its establishment, over 2,700 talented young sports people have completed Scholarships with the Academy across a large range of sports disciplines. The Academy takes considerable pride from the progression of many of its athletes to the more elite levels of sport – examples being:

- Paige Hadley & Kim Ravaillion – Aus. Diamonds Netball Squad
- Jessica Fox (Slalom Kayak/Canoe) – World Champion (K1), 2016 Rio and 2012 London Olympian & Bronze/Silver Medallist
- Ian Borrows (Canoe Slalom) – 2016 RIO Olympian
- Amanda Spratt (Cycling) – 2012 London Olympian
- Moses Leota, Matt Eisenhuth, Bryce Cartwright, John Asiata, Jerome Luai – current NRL Players
- Taylah Tsitsikronis & Rachel Lack – Australian Softball Squad – 2020 Tokyo Olympics

Snapshot of the 2021 Programs

- Over 200 talented athletes aged between 13-18 residing and competing across the western Sydney region.
- Technical/skill development and educational seminars across 10 fully endorsed and integrated sports programs – AFL Girls, AFL Juniors, Cycling, Golf, Lone Star, Netball, Netball Umpiring, Rowing, Softball &Triathlon.
- Significant annual events including Academy Games, Inter-Academy Tournaments, Athlete Dinner and Civic Receptions.
- High quality educational content including Nutrition, Drugs in Sport, Mental Health, Sports Injury Prevention.

Your local club

Talented Athlete Development Program

Educational Development

Drugs in Sport

Nutrition

Cyber Safety

Injury Prevention & Management

Sports Psychology

Bullying & Resilience

Personal Development

Council civic reception opportunities

Athlete award ceremonies

Recognition opportunities with local MP's

Interview opportunities with local media

Parliamentary Reception opportunity

Woolworths Scholarship opportunity

During the 2019/20 period, over 200 Academy athletes undertook a combined total of 450 hours of technical development through high quality coaching resources – as well as a combined total of 90 hours of educational development. Athletes will participate in residential camps and compete in inter-State and intra-State tournaments. Athletes will also feature in a number of significant stakeholder events throughout the 12-month period.

Academy Athlete Dinner

A glamorous annual Awards night – attended by 300 guests – with special guests and announcements of major athlete award winners.

Mayoral Receptions

Civic receptions hosted by the Mayors of western Sydney Councils, recognising the achievements of those local athletes representing their communities through their performances in the Academy's programs.

The Academy Games

Academy athletes in select sports participate in high quality competition over a three-day carnival involving athletes from all other Regional Academies across NSW. The Games will be held in the Hunter Region in 2021.

2021 Digital Realty Netball Umpiring Program

Head Coach:

The Academy's netball umpiring Head Coach is Gillian Scott. Gillian is accredited as a National B Umpire and along with coaching for WSAS since 2018 she is the current Blue Mountains Netball Association Umpire Convener, Umpire sub-committee member and Umpire Coach.

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Program Partners

The Western Sydney Academy of Sport, Digital Realty and Netball NSW are the principal program partners. These organisations have worked collaboratively to develop and implement the 2021 program.

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Program Timelines

Online Nominations: **September 2020**
Nominations will be open on 1st September 2020 via the Academy website (www.wsas.com.au/nominations) and will remain open until the 16th October 2020.

Trials: **October/November 2020**
Trials will take place at Blacktown Leisure Centre, Corner Sentry Drive & Stanhope Parkway, Stanhope Gardens on 23rd and 30th October and 6th November 2020 from 6pm – 9pm.

Academy Program Start: **February 2021**
Program induction will take place prior to the commencement of the program. Training sessions and education sessions will commence in accordance with the program schedule to be provided.

Program Content

In collaboration with our partners, specific program content has been designed to match the core curriculum components for players aspiring to higher levels. These include:

- Strength & conditioning
- Technical training
- Educational seminars
- Personal development

All umpires are expected to have a 100% attendance rate at all program activities.

Umpires will be required to communicate with the Head Coach and Assistant Coaches regularly via their Team App group, email or telephone to provide updates of activity and performances.

Program Objectives

The Academy's Digital Realty Netball Umpiring Program has been developed and implemented, in close consultation and collaboration with Netball NSW. The Program provides an essential and highly relevant step in the development pathway of young, netball umpires from across the Western Sydney Region – with the specific goal of preparing these umpires for State and National squads.

In selecting the umpires that will hold Scholarships under the Western Sydney Academy Program, the Program partners are seeking to lay the foundations for the development and emergence of quality umpires that will progress to higher levels of representation in the sport.

With the Program content featuring skills and technical development opportunities, athlete education, sports science and fitness elements, the Program is a comprehensive introduction to what will be required at the elite levels of the sport.

Eligibility

To be eligible to nominate for an Academy talented athlete development program, the umpire must reside within the Academy's geographic catchment of LGAs as identified in this document.

The umpire must also be:

- A current financial member of a club or association affiliated with Netball NSW;
- Committed to progressing to higher levels of representation within the sport.

Benefits

The focus of the Academy's program is individual umpire development – with the key areas of results and achievement being:

- Technical skills – practice methods, skill development
- Strength and conditioning – methods and techniques – testing and monitoring
- Knowledge – Anti-Doping, Psychology, Nutrition, etc.
- Personal development – social media, camps/competitions, media skills, public speaking

Each athlete participating in the Academy Digital Realty Netball Umpiring Program has the opportunity to gain significant practical and theoretical benefit from their involvement. In addition, umpires will receive a number of material benefits in recognition of their talent and potential in terms of further development in the sport:

- Academy athlete uniform apparel
- Opportunity to nominate for the annual Woolworths Athlete Scholarships
- 15% reduced rate on services provided by Sydney West Sports Medicine (massage excluded)
- Attendance at the Academy's feature events including the Annual Athlete Dinner & Awards night
- Free membership at Fit 4 All (Penrith)

Program Communications

Team App

All umpires and staff will communicate directly through the Academy's Team App – this is a secure information share and communication portal attached to the Academy's website and can only be accessed by the designated group members. All program communications, information, and learning opportunities will be directed through the Team App and umpires are expected to use this method to communicate with the squad.

Academy Website

The Academy's dedicated website www.wsas.com.au has been designed as a portal of information for our athletes and interested parties – providing up to date information on all the Academy's activities, initiatives and opportunities. The Academy website attracts over 1,000 visits on a monthly basis! Feature stories and associated branding for Academy partners can be incorporated into the website. The Academy is one of 11 Regional Academies throughout NSW. To find out more about the Regional Academy network head to www.regionalacademies.org.au

Social Media

The Academy has joined the social media revolution with pages on Facebook, Twitter, LinkedIn & Instagram. Join Us! Umpires are encouraged to provide the Academy with any updates on performances and representation so that we can promote your achievements.

WSAS e-News

A regular e-Newsletter will be distributed to all umpires by the Academy featuring reports on program activities and individual achievements, as well as profiling staff and our corporate supporters.

Contact Details

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